

# FOAL KIT

Here is a list of supplies to have on hand when you're expecting a foal

- Terry cloth towels—bath towel or half-size bath towels
  - Stainless steel bucket
  - Liquid soap such as Ivory, Dawn or Joy
  - Roll cotton
  - Baling twine or strong string
  - Scissors
  - Enemas (any enema safe for children is fine; a phosphate enema is best)
  - Tincture of iodine\* or Nolvason solution for dipping navels
  - Small containers or 60 cc plastic syringe cases (for dipping foal's navel)
  - Umbilical clamps or rubber bands (if foal's navel bleeds more than normal)
  - Obstetrical sleeves or plastic rectal sleeves
  - Disposable tail wrap or gauze bandage for wrapping tail
  - Disposable latex gloves
  - Obstetric lubricant or K-Y Jelly (not mineral oil)
  - Small blanket or old down vest (should you have to keep the foal warm on a cold night)
  - Flashlights & batteries (in case of power failure)
  - Cell phone or cordless phone
  - Phone numbers of vets, experienced foaling person (post near phone!)
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